

# First Day of Kindergarten

A little activity sheet to help you think about your first day at school. You can write, draw or ask a grown-up to help. There is no right or wrong!

**My name is:**

**My school is called:**

## Today I am feeling...

(You can check, circle or draw)

Excited | Calm | A bit wobbly | Curious | Ready | Other (feel free to draw!)

## I am looking forward to...

## Something I am wondering about...

## This is me on my first day!

(Draw yourself here)

## I can tell a grown-up...

(Something I want them to know)

## After school I would like to...

(You can check or write your own)

- ☐ A big hug
- ☐ A snack
- ☐ Tell someone about my day
- ☐ Something fun
- ☐ _____ My own idea!

There is no right way to feel on a first day. You can be excited and wobbly at the same time.



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Small steps. Brighter tomorrows.

You've got this!